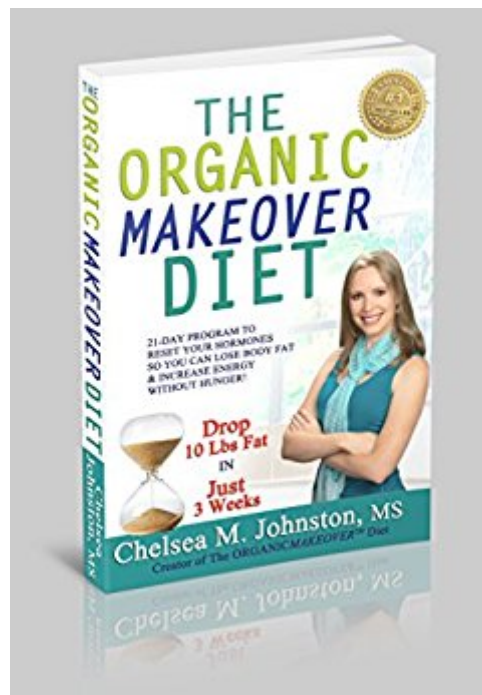


The book was found

The Organic Makeover Diet: 21-Day Program To Reset Your Hormones So You Can Lose Body Fat & Increase Energy Without Hunger! Drop 10 Lbs Fat In Just 3 Weeks.



Synopsis

Traditional weight loss means counting and restricting calories and suffering from constant hunger, anxious thought about food and low energy. The Organic Makeover Diet reveals the truth about how deep nourishment can not only help you overcome weightloss resistance and finally burn and lose fat, but also reverse inflammation and nutrient deficiencies that cause common health complaints.

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